



DEPARTMENT OF THE NAVY
BUREAU OF MEDICINE AND SURGERY
2300 E STREET NW
WASHINGTON DC 20372-5300

Canc: Apr 2013
IN REPLY REFER TO
BUMEDNOTE 6100
BUMED-M9
5 Apr 2012

BUMED NOTICE 6100

From: Chief, Bureau of Medicine and Surgery
To: Ships and Stations Having Medical Department Personnel

Subj: MENTAL HEALTH ASSESSMENT FOR MEMBERS OF THE ARMED FORCES
DEPLOYED IN SUPPORT OF CONTINGENCY OPERATIONS

Ref: (a) NDAA 2010 Section 708
(b) NDAA 2012 Section 702
(c) USD(P&R) Directive Type Memo 11-011 of August 12, 2011
(d) DoD Instruction 6490.03 of August 11, 2006
(e) OPNAVINST 6100.3
(f) SECNAVINST 6120.3

1. Purpose. To provide preliminary implementation guidance for the newly required NAVMED 6100/8, Mental Health Assessment, to be completed by specified deployers in four time frames and to announce the additional training requirement for providers who conduct the assessment.

2. Scope. This notice applies to all ships and stations having medical department personnel.

3. Background. References (a) through (c) established the requirement to conduct periodic mental health assessments on members of the Armed Forces deployed in support of contingency operations.

4. Policy

a. The Department of Defense (DoD) force health protection strategy already requires Service members to participate in several deployment and non-deployment related health screenings to include: DD Form 2795, Pre-Deployment Health Assessment; DD Form 2796, Post-Deployment Health Assessment; DD Form 2900, Post-Deployment Health Re-Assessment; and NAVMED 6120/4, Periodic Health Assessment (PHA). References (d) through (f) established policy and procedures to ensure these requirements are met.

b. In order to streamline the implementation and tracking process, aligning the delivery of mental health assessments with existing health assessment screening criteria and cycles is desirable. To the extent that the criteria and timeframes correspond, the first mental health assessment in the sequence will be conducted in conjunction with the completion of DD Form 2795, the second with DD Form 2900, and the third and fourth mental health assessments in the sequence will be completed in conjunction with the ensuing two PHAs, respectively. The

Medical Readiness Reporting System (MRRS) will be modified to include the mental health assessment requirement in accordance with paragraph 5b. Mental health assessments must be conducted at least 90 days apart.

c. Mental health assessments must be conducted by a medical provider, i.e., physician, physician assistant, nurse practitioner, or independent duty corpsmen, or by a mental health provider (psychiatrist, psychologist, social worker, psychiatric nurse practitioner). Non-mental health providers will be required to have a certificate documenting completion of the "Training to Administer DoD Deployment Mental Health Assessments" Web-based training developed by the Office of the Assistant Secretary of Defense for Health Affairs and available at <http://fhpr.osd.mil/mha>. The mental health assessment should include a review of the health record.

d. The mental health assessment must be completed electronically. The electronic applications of DD Form 2795 and DD Form 2900 have been reconfigured to facilitate completion of the deployment health and mental health assessment as a single process. The provider sections of DD Form 2795, DD Form 2900 and NAVMED 6100/8 must be completed and submitted separately. A copy of the completed DD Form 2795 and DD Form 2900 and the results of the NAVMED 6100/8 will be filed in the hard copy medical record on the left side in Part 3, Physical Qualifications, Administrative Forms and in the Armed Forces Health Longitudinal Technology Application (AHLTA). (Revised DD Form 2795 and DD Form 2900 which incorporate the mental health assessment are pending release, at which time the provider will complete and submit a single form.)

e. When the member logs into the health assessment webpage to complete the third and fourth mental health assessments, only the mental health assessment form should be selected for completion. The provider will be able to review previous surveys for reference during the review and certification process.

5. Action. Commanders, commanding officers, and officers in charge of medical treatment facilities, and authorized medical department representatives shall:

a. Implement mental health assessments for Service members of the Navy and Marine Corps Active and Reserve Components no later than 16 April 2012.

b. Ensure Service members who deploy in support of contingency operations complete person-to-person mental health assessments during the following four time frames as required by references (a) through (c):

- (1) Within 120 days prior to deployment,
- (2) Between 90-180 days after return from deployment,
- (3) Between 7-12 months after return from deployment, and

(4) Between 18-30 months after return from deployment.

6. Accessing the Navy and Marine Corps Public Health Center's (NMCPHC's) Deployment Health Homepage. The Mental Health Assessment, DD Form 2795, Pre-Deployment Health Assessment; DD Form 2900, Post-Deployment Health Re-assessment; and NAVMED 6100/8, Mental Health Assessment are accessible through the NMCPHC Deployment Health Homepage at http://www-nmcphe.med.navy.mil/Deployment_Health or can be accessed directly at <https://164.167.138.44/edha>.

a. A user name and password are required to gain access to the electronic forms. A passphrase, provided by the local administrator, is required for new users.

b. For providers already approved to certify deployment health assessments, scan and forward a copy of the completed Mental Health Assessment training certificate to the NMCPHC Help Desk: EDHA@nehc.mar.med.navy.mil. For new providers, ensure the box on DD Form 2875, System Authorization Access Request (SAAR) is checked for completed Mental Health Assessment training and provide the date training was completed. The provider's supervisor will sign OPNAV 5239/14 to certify that the information is correct. Scan and forward the completed form to the NMCPHC Help Desk at the address above.

7. Points of Contact

a. The BUMED point of contact is Dr. Fred Glogower, M92, at (202) 762-3018, or e-mail: Frederic.Glogower@med.navy.mil.

b. The Navy Marine Corps Public Health Center (NMCPHC) point of contact for electronic forms issues is Mr. Azad Al-Koshnaw at (757) 953-0938 or DSN 377-0938, or e-mail: Azad.Al-Koshnaw@med.navy.mil.

c. The NMCPHC Help Desk can be reached at (757) 953-0717 or DSN 377-0717, or e-mail: EDHA@nehc.mar.med.navy.mil.

8. Forms

a. DD Form 2875 (AUG 2009), System Authorization Access Request (SAAR) is available electronically at <http://www.dtic.mil/whs/directives/infomgt/forms/index.htm>.

b. The following forms are available through the NMCPHC Deployment Health Homepage. Paragraph 6 of this notice provides details on how to access these forms.

(1) DD Form 2795 (MAY 1999), Pre-Deployment Health Assessment

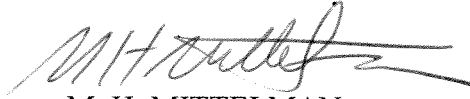
(2) DD Form 2796 (JAN 2008), Post-Deployment Health Assessment

5 Apr 2012

(3) DD Form 2900 (JAN 2008), Post-Deployment Health Re-Assessment

(4) NAVMED 6100/8 (3/2012), Mental Health Assessment

c. NAVMED 6120/4 (Rev. 3/2008)), Periodic Health Assessment (PHA) is available electronically from Naval Forms Online at: <https://navalforms.daps.dla.mil/web/public/home>.

A handwritten signature in black ink, appearing to read 'M. H. MITTELMAN', with a stylized flourish extending to the right.

M. H. MITTELMAN

Acting

Distribution is electronic only via the Navy Medicine Web site at:
<http://www.med.navy.mil/directives/pages/BumedInstructions.aspx>